

# Ghyllside Primary School

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Headteacher : Mr.H.B.Davies (BA. Hons)

Thursday 2<sup>nd</sup> May 2019

## Y3 One Night Residential Visit: YHA Butharlyp Howe, Grasmere Thursday 16<sup>th</sup> – Friday 17<sup>th</sup> May 2019

Dear Parents and Carers,

This letter contains all of the final arrangements for the Grasmere visit. Please can we ask that if you still owe the balance of £25.00, please could you send it to school this week as we have had to pay the hostel and there are still a few payments outstanding. The children are really excited so here's hoping for glorious sunshine! We can now also confirm that the adults accompanying the visit are: Miss Crowley, Mr Howell, Mr Davies, Mrs Britt, Mrs Crowther and Mrs Longcake. We will also be joined on the hill walk day (Thursday) by Mr Britt, Pete Marston (Stan's dad!) and Mr Foxwell (Miss Crowley's other half!). Attached to this letter is also another copy of the kit list if you should need it.

### What time are we going on Thursday?

Children come to school at normal time on the Thursday morning in their hill walking kit to Miss Crowley's room where we will dump our bags. We will not leave until 10.15 am.

### What do they need with them?

#### Children should wear:

- Thermal
- Joggers/leggings/walking trousers
- Fleece
- Walking boots
- Have sun cream applied if it's looking sunny!

#### Hill walking rucksack must contain:

- Waterproof jacket **and** trousers
- Hat and gloves and sun hat
- Spare fleece/mid layer (in addition to the one they are wearing!)
- Inhaler if required
- Drinks
- Big packed lunch
- Extra snacks
- Sun cream...if it's sunny
- (optional!) named purse/wallet with £5.00 for ice cream or cake

All of their other clothes, items, teddy bears etc. (anything NOT needed on the hill walk) must be packed in a separate bag as this will remain on the coach to be dropped at the hostel. These "main" bags will be there when the children arrive. We are still looking for volunteers to meet the coach in Grasmere (main village square) to help ferry bags up the road to the youth hostel. It's about half a kilometre so if any of you have or



know somebody with a van who would be willing to do this, that would be so much easier and if a few of you were to get together to help out with this, you could reward yourselves with coffee and cake in Grasmere and make it a bit of a social! Please just let me know if you can help out with this.

I have been so impressed on both the Brantwood and Coniston Waterpark trips with the way in which all of the children have turned up with the right outdoors kit that I am not going to carry out a huge kit check in school. I do have to state clearly, however, that any child who turns up without the right kit will probably have to remain in school and the office staff will contact you to inform you. If anybody is still struggling for walking boots, I now have a reasonable collection of spares, kindly donated as children have outgrown them.

All children will need a packed lunch (a really good one with lots of extra snacks/afternoon tea!) and drinks as our first meal at the hostel will be dinner at 6.00pm. Please do not allow your child to take sweets, fizzy drinks, chocolate or computer games (or anything else that uses headphones) on the coach.

### Mobile telephones and cameras

Children are welcome to bring cameras to capture their memories. These should be clearly labelled with the child's name and are, at all times, the children's responsibility. We suggest that they take the single use variety rather than expensive digital ones. Children should not bring mobiles as there is no need. There is a perfectly good land line in the hostel, staff will have mobiles and we will contact you if there is a problem.

### Evening activities

Children may bring a toy or game in their bags to share with the others of an evening. Please do not send computer games as we are trying to encourage playing of team games and outdoor activities or good old fashioned games! We will also take a box of play equipment to play rounders etc.

### Medical information/travel sickness and inhalers

We will take your child's medical information with us. **In addition to this, if your child requires an inhaler, please ensure that they have it with them with their name clearly written on it and that it is placed in their hillwalking rucksack on the coach - it's no use in the luggage hold where the main bags are stored for the journey!** If your child requires travel sickness medication, please administer it on Thursday morning prior to travel and provide the correct dose in a clearly marked envelope for staff to administer on Friday before departure. The medical forms make no mention of applying plasters to small cuts and grazes. We will assume that this is alright unless you tell us otherwise.

### Emergency contact

In case of emergency and you need to contact your child, the hostel details are as follows:  
YHA Butharlyp Howe, Grasmere  
0345 371 9319

### Food and a few extras for particularly hungry tummies...

The food prepared at the hostel is outstanding and beautifully cooked from scratch using a lot of local produce (3 or 4 choices for evenings – one of which is always jacket tatties with something, so very useful for any allergies - , plenty of breakfast and packed lunches). However, feel free to pack healthy extras (if there's room once all the clothes/teddy bears etc. are in!).



## Return details

We will leave Grasmere on the Friday between 1.30 pm and 2.00pm and aim to be back in school by about 2.45pm, depending on the traffic. If we are going to be late we will contact school and a message will be passed on to the parents waiting.

We would really like to take the opportunity to thank you for supporting us in providing this visit and enabling us to help our children appreciate the truly beautiful nature of their home and to hopefully develop as much passion for the mountain environment as we have. Many thanks for your continued support.

Yours sincerely,

Michelle Crowley



## KIT LIST GRASMERE 2019



A large part of each day will be spent out on the fells or in the forest. Due to the changeable weather in the Lakes you are likely to become cold, hot, wet and/or sunburned all in the same day. Here is a list of things you are advised to bring for three days in the outdoors. **REMEMBER: As we said at the meeting, don't rush out and buy new things unless you want to; pre-loved borrows and swaps are best.** Items in bold are absolutely essential to keep you safe, well and happy in the outdoors:

- Wellies or old trainers for wearing in the hostel grounds/playing out in the evenings
- Slippers
- **Walking boots (well worn in) or very sturdy walking shoes with rugged grip suitable for hill walking on wet grass and rock**
- **Waterproof coat**
- **Waterproof trousers**
- **Hat + spare**
- **Gloves + spare**
- **Thermal base layer (moisture wicking ) if possible - failing this football shirts make good thermal base layers!**
- Three jumpers/fleeces
- Three t shirts (long or short sleeve dependent on weather forecast)
- Two pairs trousers (joggers/tracksuit bottoms) suitable for hill walking/forest (jeans not suitable for outdoor activities)
- Set of clothes for evening if desired
- Three pairs of thick socks
- Three pairs ordinary socks
- 4 changes of underwear
- Sleepwear, toiletries and towel
- Large black bin liner with name label (to take home gift of wet/muddy clothes)
- Plasters, tissues, toiletries, torch, sun hat, sun cream (yes really!)
- Prescribed medicines to be labelled and handed to staff prior to departure
- Refillable plastic drinks bottle
- Rucksack (day sack variety suitable for hill walking)
- £5.00 maximum (in a named purse/wallet) to purchase cake/ice cream in a café in Grasmere after our hill walk. This is optional!

