

Ghyllside Primary School

Gillinggate, Kendal,

Cumbria.

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Headteacher : Mr.H.B.Davies (BA. Hons)

Dear Parent/Carer,

17th June 2019

YEAR 6 RELATIONSHIP AND SEX EDUCATION

In accordance with National Curriculum requirements, we are teaching our programme of Relationship and Sex Education, focusing on puberty, how babies are made and how babies are born. We will teach this between Tuesday 25th and Thursday 27th June. Of course, we endeavour to do this in as sensitive a way as possible, taking into account the huge range of maturity levels of children at this age.

We will begin by going over puberty again and will watch 2 x 15 minute programmes, followed by group discussion work and individual worksheets. We will once again use a DVD produced by, '4learning'- Channel 4, which is nationally recognised as being appropriate for children of this age and is supplied by the Cumbria County Council and the School Nurse in her role as advisor on the topic.

Topics include:

- Looking at the difference between males and females.
- Explaining that a baby develops inside its mother and how babies are born.
- Puberty – discussion of physical and emotional changes of boys and girls, including the menstrual cycle.

If you have any questions, or would like to view the DVD beforehand, then please feel free to come in and talk to us.

Yours sincerely,

Andy Phillips

Liz Meyfroidt

Lindsey Gillett

