

Ghyllside Primary School

Gillinggate, Kendal,

Cumbria.

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Headteacher : Mr.H.B.Davies (BA. Hons)

17.4.18

Expedition Club - Preparation for sessions on Monday 23rd April & Monday 30th April (12.45pm – 3.20pm)

On Monday 23rd of April and Monday 30th of April, we are going to have our second and third afternoon session practising our navigation and walking skills in the area around Serpentine Woods, the golf course and Cunswick Scar as well as Trangia cooking skills in our tent groups. On both the Monday mornings, you will need to bring the following to school / have the equipment in your rucksacks.



- waterproof jacket with a hood and waterproof trousers
- 'thermal' or active base layer top
- at least 1 warm layer (more if it will be cold)
- hat and gloves
- sturdy walking boots
- whistle – if possible
- asthma inhaler if you use one
- a rucksack to put things in
- **A plastic mug**

We need as much parent help as possible at this session and the following parents have signed up to help. Please be at school for 12.30pm for a quick briefing with Mr Duxbury in the staffroom before the session starts. If you can't make it to the session please let us know in school as soon as possible please. The parents we have down as helping on Monday 23rd April are:

Steven Blacow, Jon Pepper, Vanessa Queen, Rhuari Bennett, Phil Clayton, Matt Milburn, Martin Curry

And the parents we have down as helping on Monday 30th April are:

Steven Blacow, Vanessa Queen, Christina Mcgrath, Jayne Scott

We are also going to take this opportunity to check sleeping bag and camping mat so could you please also bring these on 23rd and 30th

As always, if you have any difficulty getting any of this equipment, please see Mr. Davies or myself.

Many thanks,

Mr Duxbury

