

# Ghyllside Primary School

Gillinggate, Kendal,

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LA9 4JB

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Headteacher: Mr.H.B.Davies (BA. Hons)

15<sup>th</sup> May 2019

Dear Parent/Carer

## **Bike racing sessions in Year 5**

We are excited to announce a series of 3 bike 'racing' skills sessions in school. They are designed to build on the bike handling and road safety skills developed in the Bikeability sessions earlier this term. These sessions will focus on speedy starts, cornering, pacing, using gears effectively, climbing hills and relay racing. The sessions will be on the following dates:

Friday 24<sup>th</sup> May

Friday 7<sup>th</sup> June

Friday 14<sup>th</sup> June

As with Bikeability, your child will need to be able to ride a bike. They will need their own bike, or to have pre-arranged to borrow someone's bike from the other class. Please indicate below if you wish your child to borrow a bike or are willing for a child in the other year 5 class to borrow your child's bike and helmet for the sessions.

All bikes must have working gears (unless single speed), working breaks and tyres at an appropriate pressure. All children will need a well-fitting helmet and PE kit suitable for the weather.

Any parent help on these dates will be hugely appreciated – please contact Mr Duxbury in school if you can help. Children not doing the biking sessions will take part in a different PE activity.

Thank you

The Year 5 team

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**Please return to your child's class teacher by Monday 20<sup>th</sup> May**

## **Bike racing sessions in Year 5**

I \_\_\_\_\_ parent/carer of \_\_\_\_\_

give my permission for him/her to take part in the biking sessions outlined above.

Please indicate below:

My child has his/her own bike Y / N

My child has his/her own helmet Y / N

I am willing to let my child lend their bike/helmet to a child in the other class Y / N

I would like my child to borrow a bike/helmet from a child in the other class Y / N

